

YOUR HEROES JOURNEY BEGINS HERE



◆ MANA YOUTH PROJECT ◆

# PATHFINDER

LIFE-RPG MENTORSHIP PROGRAM

[WWW.MANAYOUTHPROJECT.COM](http://WWW.MANAYOUTHPROJECT.COM)

# What is MENTORSHIP

## Our Mission

MANA Youth Projects mission is twofold.

The core of our work is to provide young people in communities access to knowledgeable adults who can guide them towards a deeper understanding of themselves and the world they live in.

**Our Secondary Mission** is to create safe spaces where young people can express themselves and their ideas freely without fear of judgement. We believe that by providing these safe spaces, we can empower young people to become leaders in their communities and to take ownership of their lives.

Our mentors are carefully selected and trained to provide guidance and support to our youth participants. Through workshops, mentorship, and community engagement, we aim to build a generation of confident, compassionate young people who are equipped with the skills and knowledge they need to succeed in life.

At MANA Youth Projects, we are in the business of Forging Heroes!

People make meaning of events in their lives through story.

The stories they tell impact how they view their past, present, and future. These stories can be reauthored to become preferred stories, using the components that comprise a story, such as action, time, sequence, plot, context, relationships, archetypal characters & guides and cultural and societal influence. Our mission is to help individuals reauthor their stories to create a more positive, empowering narrative.

By understanding the components of a story, we work with our students to identify the elements that are contributing to their current narrative and help them craft a new, preferred story.

Through this process, we aim to empower people to take control of their lives and create a more fulfilling future. We believe that every person has the power to change their story, and we are committed to helping them do just that.

Our Pathfinder Program has proven to bring about positive change within the lives of the young people we have walked beside. **Some of these benefits are:**

### Personal Development

- Increased Self-Confidence
- Self-Discipline and Responsibility
- Resilience and Perseverance
- **Social Connections and Networking:** Youth in the program meet Mentors from diverse backgrounds, building lasting friendships and expanding their own social networks.

### Physical and Mental Health Benefits

- Stress Relief and Mental Clarity.
- **Improved Focus and Concentration:** Activities in the program encourage focus, patience, and mindfulness, helping improve overall concentration in academic and personal pursuits.




# WELCOME PATHFINDER

As you embark on the stages of the Pathfinder Program, embrace the truth that your Quest is truly unique! Each decision you make, every friendship you cultivate, and each challenge you conquer awakens the hero that lies within you. With your Mentor as your wise guide and your fellow Pathfinders journeying alongside you, you are not merely advancing through the program; you are embarking on an epic adventure in the grand saga of life! This is a mentorship journey that will transform you into the hero you were always meant to be.

**I**

ORDINARY WORLD

**MEETING THE MENTOR**




Meet your guide on this journey. Receive your own Hero Training Manual, and learn about what's to come.

**II**

CALL TO ADVENTURE

**CHOOSE YOUR ARCHETYPE**




Pathfinder? Archetypes? Heroic Virtues? What does it all mean? Awaken to the Potential within.

**III**

ALLIES & ADVERSARIES

**FORMING BOND LINKS**




Discover who your closest Allies are & who/what blocks your path as an Adversary.

**IV**

FINDING THE ELIXIR

**FOCUS TUNING**




Tune into what lights a spark within your heroic soul. Learn how to tune into your Focus & find purpose.

**V**

THE TRIAL

**MISSION PLANNING**




It's time to put your newfound knowledge to use. Plan your first Mission with your Mentor, set a date, execute.

**VI**

RETURN

**MISSION REPORT**



Complete your Quest alone or with your Mentor.

Return a Hero. Reflect & Write about your journey.



# CHOOSE YOUR PATHWAY

## TAKE A LEAP OF FAITH, YOUR JOURNEY BEGINS NOW

The Pathfinder Program is an actionable curriculum that introduces students to mentorship and the heroes journey, helping them identify and unlock their potential through meaningful conversations and strengths-based activities. It empowers them to make positive choices in all aspects of their lives and has been adapted to cater for individuals, schools and groups.

The Pathfinder Cycle is 6 Sessions in Length and should be completed at a consistent and organised pace. It can be run in any Physical or Online location. Each Session runs for approximately 45 minutes to 1 Hour.



## FIND YOUR PLACE OF POWER

Our Mentorships don't take place in an Office. We believe that this pedagogy (philosophy of learning) should happen within the community that you live in so that they feel empowered and have access to parts of their community they may not even know exist so that these become "Places of Power".

Sessions can take place in Public Parks, Libraries, Cafe's, Schools or Community Hubs.

For Schools however, there may be a unique area outside (weather permitting) that the sessions could take place in.



## A FIELD GUIDE FOR HEROES

### The Pathfinder Field Manual

We don't expect to just be talking the whole time, we know that does not always work with young people.

On your journey you will need a companion, and that is where the Pathfinder Field Manual comes into use.

The Manual is a guidebook for each hero, it holds knowledge of Myth, Self-Development & Actionable Tools and Activities that they can utilise to learn more about themselves and unlock their potential.





# MANA AKADEMY CLUBS

JOIN A CLUB - FIND A PURPOSE - LEVEL UP YOUR SKILLS

## AKADEMY CLUB SYSTEM

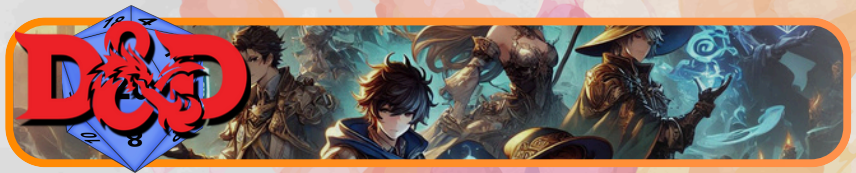
At MANA Akademy, we believe that fostering leadership, creativity, and collaboration among students is a cornerstone of their personal and social development. Our Akademy Club System is designed to be a natural progression from the foundational lessons of the Pathfinder Program, offering a structured yet flexible platform for students to explore their passions, develop leadership skills, and engage with their peers in meaningful ways.

The Akademy Club System is an avocational purpose-driven model where students take the lead in organising and participating in clubs that align with their unique hobbies and Archetypes. These clubs are more than extracurricular activities; they are intentional spaces where young leaders can cultivate responsibility, teamwork, and the ability to turn their passions into purposeful endeavors.

**TAKING PART IN THE PATHFINDER PROGRAM?**  
*YOU GAIN ACCESS TO MANA AKADEMY AT NO EXTRA COST*

- STAY CONNECTED THROUGH OUR AKADEMY DISCORD SERVER
- GAIN ACCESS TO A NETWORK OF MENTORS EACH SPECIALISING IN A DIFFERENT FOCUS.
- MAKE NEW FRIENDS WITH SIMILAR INTERESTS.
- TAKE PART IN WEEKLY QUESTS AND EARN FOCUS POINTS

## AKADEMY BEGINNER CLUBS



**READ MORE ABOUT THE AKADEMY HERE**



# PATHFINDER LIFE-RPG PROGRAM

**\$750 AUD**  
PAYMENT PLANS AVAILABLE

**CONTACT**  
LEAD MENTOR  
**RICK BOLAND**



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• **6 SESSIONS**  
1 HOUR PER SESSION

• **PATHFINDER FIELD MANUAL INCLUDED**  
INCLUDING SESSION OVERVIEWS, WORKSHEETS & JOURNAL ENTRY PAGES

• **EACH STUDENT RECEIVES PREMIUM A4 MATTE LAMINATED 'HERO REPORT CARD'**  
A CERTIFICATE OF COMPLETION DRAWN FROM THEIR UNIQUE JOURNEY THROUGH EACH SESSION INCLUDING THEIR ARCHETYPES, SOCIAL BONDS, FOCUS DOMAINS & VIRTUES.

• **MORNINGTON PENINSULA LOCATIONS**  
• ALL MENTORSHIP SESSIONS TAKE PLACE WITHIN THE COMMUNITY. NATURE RESERVES, PUBLIC LIBRARIES, COMMUNITY HUBS.  
• MORNINGTON PENINSULA



**AKADEMY CLUB ACCESS**

- INCLUDED ACCESS TO MANA AKADEMY CLUBS AT SEAWINDS COMMUNITY HUB
- ACCESS TO HERO AKADEMY DISCORD

\*VALID ONLY WHILE IN ACTIVE MENTORSHIP

VALUED AT  
**\$129** PER TERM